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# A Study of an Impact of Artificial Intelligence on Working Professional - A Study of Akola District

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ABSTRACT: The rapid rise of Artificial Intelligence (AI) has reshaped the workplace, making certain traditional skills less relevant while opening up new avenues for professionals. This study explores how working professionals in the Akola district perceive and adapt to these AI driven changes. Using a mixed methods approach, we combined surveys with 300 participants and 30 in depth interviews across various industries in the region to get a well rounded understanding. The findings reveal that while AI has significantly boosted productivity and efficiency, it has also raised concerns about job security, skill redundancy, and potential job losses. Professionals with higher levels of education and training appear better equipped to embrace these changes, whereas those with limited skills or education face a higher risk of job displacement. This highlights the critical need for upskilling and reskilling programs to help workers stay relevant in an AI driven world. By shedding light on these issues, this research adds valuable insights to the broader conversation on AI's impact on the workforce. It offers practical guidance for policymakers, educators, and industry leaders to minimize AI's negative effects while leveraging its potential to drive economic growth and development.

**KEYWORDS:** All driven change, productivity and efficiency, technical reading, upskilling and reskilling, job security, drive economic growth.

#### I. AI AN INTRODUCTION: A THEORETICAL PERSPECTIVE

This dissertation intends to dig deep into the nuances of among workers in the working class in the Akola region. Artificial intelligence is a broad concept that has an impact on working professionals, changing various aspects of their working life and career dynamics. Factors that contribute or hinder worker satisfaction relate directly to banks trying to better the working lives of its employees so that talent is retained for organizational outputs to be improved.AI is profoundly affecting the working professionals, changing many facets of their working life and career dynamics. Externally instituted changes impact the character of work, expectations, and sources of stressors among working professionals. This is done with the purpose of identifying the determinants of job satisfaction, evaluating their impact on Artificial intelligence, and thus evolving strategies to improve overall job satisfaction in the working sector in Akola. The relationship between job satisfaction and other influencing factors can bring employees and employers together to design a work environment that fosters professional contentment, engagement, and productivity. The dissertation will be a mixed methods approach, using qualitative and quantitative methodologies to gather the comprehensive data. The subjective experiences as well as objective measures of an impact of artificial intelligence on employees are well assessed in the use of interviews, surveys, and data analysis. Thus, it will provide findings that will help academics, working professionals, and policymakers to make informed decisions and to trigger interventions to make the workplace environment much more satisfying for working professionals.

### II. LITERATURE REVIEW

• **Kumar and Singh (2020)** identify that AI driven automation leads to job displacement, particularly in sectors like manufacturing, where routine and manual tasks are replaced by machines. Retail and customer service roles are also affected by AI powered systems, which can replace traditional jobs handling routine queries.

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- Sinha and Patel (2021) highlight that AI generates new job opportunities, especially in fields like IT, healthcare, and fintech. Roles such as AI specialists, data scientists, and machine learning engineers are in demand. The study emphasizes the importance of reskilling programs to help workers transition into these new roles.
- Rao and Yadav (2022) Positive Effects note that AI tools can enhance work life balance by automating routine tasks, which helps in optimizing work hours and increasing flexibility. Negative Effects However, AI can also blur the lines between work and personal life, as constant connectivity through AI driven tools may lead to longer work hours and difficulty disconnecting from work.
- Patel and Sinha (2021) discuss significant privacy concerns associated with AI, as these systems require access to large amounts of personal data. The management, sharing, and protection of this data raise critical issues.
- Reddy and Kamath (2023) explore the transition from colocated work to remote work in an AI research lab during the pandemic. They highlight the sociotechnical challenges of distributed teamwork and emphasize the need for compatible workflows, especially for entry level roles in AI. This study contributes to the information systems literature by addressing the unique challenges faced by emerging research units in offshoring contexts.
- Nirubarani and Aithal (2024) adopt a mixed methods approach to assess AI training in the Indian IT industry. They collect quantitative data through surveys and qualitative insights from interviews and focus groups to understand the effectiveness of current training initiatives and identify areas for improvement.
- Barani Kumari and Hemalatha (2021) investigate employees' perceptions of AI in HR practices. Their research utilizes online surveys to explore how AI technologies are being integrated into HR functions and addresses concerns regarding AI's potential to replace human roles.
- **Du (2024)** reviews the effects of AI and automation on job displacement and income inequality. The article discusses the necessity for proactive policies, such as education investments and job creation strategies, to manage the challenges posed by these technologies.
- Mayeke and Ajay (2024) analyze AI's influence on global economic dynamics, referencing an IMF report that predicts significant job transformations due to AI. They employ quantitative methods to gather data from various professionals, revealing that AI adoption can enhance organizational competitiveness but also risks exacerbating inequalities.

#### III. RESEARCH METHODOLOGY:

In this research methodology we are using Convenience Sampling because Convenience Sampling is a reasonable approach for the study of impact of AI on working employees who fulfill certain eligibility requirements, Based on these parameters, Convenience sampling enables you to guarantee a representative sample that accurately represents the diversity of the persons.

### IV. OBJECTIVE

- > To study routine work of working professional of Akola district
- > To study impact of AI over the routine work of working professional of Akola district.
- > Study Co relation between usage of AI & productivity.
- ➤ Awareness of AI tools in the rural areas of the Akola district

Research Method: We are using descriptive type of research because study is related to Akola region and respondents are working employees and we are analysing data with observation and survey. The study is related to small area. Sample size: 100 (No of Respondents) Sampling Method: Convenience Sampling The necessary data for the studies collected from the following sources Primary Data Primary data are usually described as unprocessed, firsthand collected data or structures that have never before been purposefully interpreted. The purpose of the study's questionnaire was to collect primary data from respondents and the relevant information. Through the use of questionnaires, observations, conversations, and other methods, the researchers independently gather primary data. Primary data is collected using the following techniques: Observation, Direct Communication.

• Secondary Data This data can be gathered from various sources, and it is categorized into two main types: internal and external sources. Here are some common secondary data collection sources: 1. Government Publication 2. Online Website 3. Books and Online Database.

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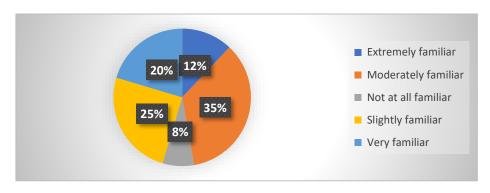


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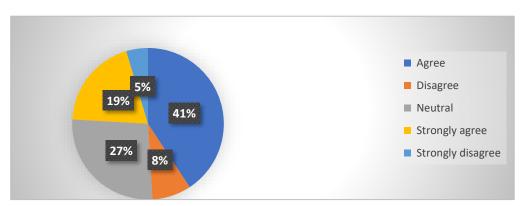
### V. ANALYSIS AND INTERPRETATION

### 1) The current state of familiarity with AI technology in Akola region of Maharashtra.



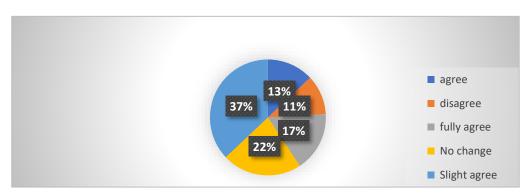
Familiarity with AI technology: Majority of respondents (38) are moderately familiar with AI technology, followed by slightly familiar (27). Extremely familiar (13) and not at all familiar (8) groups are the least represented, showing a knowledge gap in certain areas.

### 2) The impact of AI on efficiency of work routine



A large number of participants agree (44) or strongly agree (21) that AI has made their work routine more efficient, indicating a positive impact. Neutral responses (29) highlight a significant group uncertain about the changes AI brings. A small minority (9 disagree, 5 strongly disagree) feel AI has not been beneficial.

### 3) The impact of AI on work load on proffesionals of Akola district.



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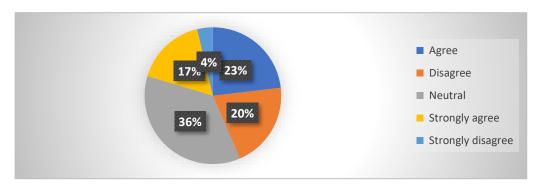


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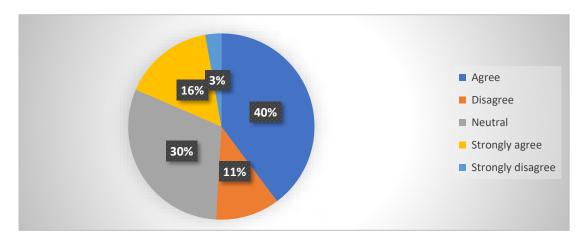
Most respondents slightly agree (40) or notice no change (24) in workload, suggesting that AI might not drastically reduce workloads. Fully agree (18) and agree (14) responses show some believe in noticeable improvements. Disagree responses (12) indicate opposing views on AI's impact.

### 4) The awareness of AI tools in rural pockets of Akola district.



Awareness of AI tools in rural Akola: Neutral responses (39) dominate, showing uncertainty about AI awareness in rural areas. Agree (25) and strongly agree (18) indicate some positivity regarding AI awareness. Disagree (22) and strongly disagree (4) responses show a need for improvement.

### 5) The impact of AI on upskilling professionals of Akola district.



Agree (43) and strongly agree (17) responses show a strong belief in AI's ability to enhance skills Neutral responses (33) suggest that some are unsure about the extent of its benefits. Disagree (12) and strongly disagree (3) responses are minimal.

### VI. CONCLUSION

The advent of artificial intelligence (AI) has transformed the nature of work, rendering traditional skills obsolete and creating new opportunities for professionals. This study has explored the impact of AI on working professionals, highlighting both the benefits and challenges associated with AI adoption. The survey's findings show a generally optimistic view of AI's potential to improve productivity and skill sets, but they also point out some areas that need attention. The smaller percentage of respondents who are extremely or not at all familiar with AI technology indicates that there is still a discernible knowledge gap, even though a sizable portion of respondents are relatively or somewhat familiar with the technology. This suggests that AI education and training need to be more widely available. AI's Effect on Work Efficiency: Most participants concur or strongly concur that AI has increased their productivity. To achieve

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consistent benefits for all users, however, more integration and focused applications of AI are required, according to the neutral and disagreeing responses.

### VII. KEY FINDINGS

- 1. Improved Productivity: AI has enhanced productivity and efficiency in various industries, freeing up professionals to focus on higher value tasks.
- 2. Job Displacement: However, AI has also led to job displacement, particularly in sectors where tasks are repetitive or can be easily automated.
- 3. Need for Upskilling: The study highlights the need for professionals to acquire new skills, such as data analysis, machine learning, and critical thinking, to remain relevant in an AI driven work environment.
- 4. Human Skills: Despite the rise of AI, human skills, such as creativity, empathy, and complex problem solving, remain essential in many industries.

### VIII. NEED AND SCOPE FOR FURTHER RESEARCH

- Long-term Impact Analysis Explore the long-term consequences of AI adoption on both employment trends
  and economic development in the Akola region. This could include studying how AI-driven job displacement
  and new job creation evolve over time.
- Sector-Specific Analysis Delve into the effects of AI on specific industries within Akola. For example:
- The agricultural sector, given the rural context, to understand how AI can support farmers and agribusinesses.
- Healthcare and education sectors, to evaluate how AI tools are transforming service delivery in these crucial
  areas.
- Reskilling and Upskilling Program Effectiveness Investigate the effectiveness of current reskilling and upskilling programs tailored for working professionals in the region. This can include assessing which training programs yield the best outcomes for job retention and career advancement in an AI-driven landscape.
- AI Awareness and Accessibility Examine strategies for increasing awareness and accessibility of AI tools in rural pockets of Akola. This could involve identifying barriers to adoption and proposing solutions for enhancing technological literacy among the workforce.
- Gender and Demographic Disparities Study the impact of AI on different demographic groups, particularly women and marginalized communities, to understand how AI adoption affects their participation and opportunities in the workforce.
- Ethical and Privacy Concerns Analyze the implications of AI use in terms of data privacy, security, and ethical considerations specific to the Akola district. This could include workers' perspectives on how their data is managed and protected.
- Work-Life Balance and Psychological Impacts Evaluate the psychological and social impacts of AI adoption
  on work-life balance, including stress levels, job satisfaction, and work environment dynamics in various
  industries.
- Integration of Traditional Practices with AI Investigate how traditional methods and practices in industries, particularly in rural areas, can be effectively integrated with AI technologies for improved productivity and sustainability.
- Policy Recommendations for AI Adoption Develop policy guidelines aimed at optimizing AI adoption to support local development, reduce inequalities, and foster economic growth while minimizing negative consequences.
- AI in Crisis Management Explore the role of AI in crisis management, such as its application during natural disasters or pandemic scenarios, to support decision-making processes and workforce resilience in Akola.

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